

Curriculum Vitae
Gregory H. Portland, M.D.

Work Address:

Illinois Bone and Joint Institute
2401 Ravine Way
Glenview, IL 60025
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Employment

2001-Present Orthopaedic Surgeon
Illinois Bone and Joint Institute
2401 Ravine Way
Glenview, IL 60025

Hospital Appointments

2001-Present Evanston Hospital
2650 Ridge Avenue
Evanston, IL 60201

2001-Present Glenbrook Hospital
2100 Pfingsten Road
Glenview, IL 60025

2003-Present Rush North Shore Hospital
9600 Gross Point Road
Skokie, IL 60076

2006-Present Ravine Way Surgery Center
2350 Ravine Way
Glenview, IL 60025

Faculty Appointments

2001-Present Northwestern University Medical School
Clinical Instructor
Department of Orthopaedic Surgery
Suite 910
645 North Michigan Avenue
Chicago, IL 60611

Education

- 2000-2001 Research Fellow in Orthopaedic Sports Surgery
SPORTSMED.SA and the University of Adelaide Department of
Orthopaedics and Trauma at the Royal Adelaide Hospital
Adelaide, Australia
- 1995-2000 Orthopaedic Surgery Resident, June, 2000
Northwestern Memorial Hospital/McGaw Medical Center
Chicago, Illinois
- 1991-1995 Doctor of Medicine, May 1995
University of Virginia School of Medicine
Charlottesville, Virginia
- 1987-1991 Bachelor of Arts, June 1991
Dartmouth College
Major: Chinese Language and Culture
Hanover, New Hampshire

Achievements

- 2008—Received Certificate of Added Qualification (CAQ) in Sports Medicine by American Board of Orthopaedic Surgeon
- 2004—Became Board Certified by American Board of Orthopaedic Surgery
- 1994—Augustine Todd Scholarship winner, from the Society of the Cincinnati in the State of Virginia
- 1991—Graduated from Dartmouth College *Magna cum laude*, *Phi Beta Kappa*, and with honors in major for thesis paper on “The Legitimization of the Ch’in Dynasty”
- 1987—Gannett Newspaper Carrier Scholarship winner
- 1986—Eagle Scout

Research

Presentations

“A Retrospective Analysis of the Mangled Extremity Severity Score for Severe Fractures of the Tibia.” G. Portland, M.D.; D. Kahler, M.D.; and W. Huff, M.D. Presented at Virginia Orthopaedic Conference in May, 1994.

“In Vivo Determination of Stiffness, Viscosity, and Upper Limb Inertia About the Glenohumeral Abduction Axis.” L. Zhang, Ph.D.; G. Nuber, M.D.; G. Portland, M.D.; G. Wang, M.S.; J. Ahmad, B.S.; and K. Chunduri, B.S. Presented at the Orthopaedic Research Society’s Annual Meeting, March, 1998.

“Mechanical Actions of Individual Shoulder Muscles.” L. Zhang, Ph.D.; G. Nuber, M.D.; G. Portland, M.D.; G. Wang, M.S.; J. Ahmad, B.S.; K. Chunduri, B.S.; and T. Nishida, M.D. Presented at the Orthopaedic Research Society’s Annual Meeting, March, 1998.

“In Vivo 3D Patellar Tracking Induced by the Quadriceps Components.” G. Wang, M.S.; L. Zhang, Ph.D.; R. Hendrix, M.D.; G. Portland, M.D.; G. Nuber, M.D.; and J. Press, M.D. Presented at the Third North American Congress on Biomechanics, August, 1998.

“Comparison of Three Surgical Methods for Treatment of Posterior Tibial Tendon Insufficiency.” G. Portland, M.D. and A. Kelikian, M.D. Presented at the American Orthopaedic Foot and Ankle Society’s Annual Meeting, February, 1999. Presented at the Mid-America Orthopaedic Association Annual Meeting, April, 1999. Submitted for publication.

“Acute Surgical Management of Jones’ Fractures.” G. Portland, M.D., S. Kodros, M.D., and A. Kelikian, M.D. Presented at the American Orthopaedic Foot and Ankle Society’s Annual Meeting, March, 2000. Presented at the Mid-America Orthopaedic Association Annual Meeting, April, 2000. Presented at the Australian Orthopaedic Association South Australia Meeting, September, 1999.

“Short-Term Results of Copeland Shoulder Hemi-Arthroplasty.” G. Portland, MD, M. Hayes, FRACS. Presented at the Asia Pacific Orthopaedic Association Triennial Congress, April 2001.

Publications

“Stiffness, Viscosity, and Upper Limb Inertia About the Glenohumeral Abduction Axis.” L. Zhang, Ph.D.; G. Portland, M.D.; G. Wang, M.S.; C. DiRaimondo, M.D.; G. Nuber, M.D.; M. Bowen, M.D.; and R. Hendrix, M.D. *Journal of Orthopaedic Research*. 18(1): 94-100, Jan. 2000.

“Acute Surgical Management of Jones’ Fractures. Portland G, Kelikian A, and Kodros S. *Foot and Ankle International*. 24(11): 829-33, 2003.

“Injury to the Infrapatellar Branch of the Saphenous Nerve in Anterior Cruciate Ligament Reconstruction: Comparison of Horizontal Versus Vertical Harvest Site Incisions.” Portland GH, Martin D, Keene G, and Menz T. *Arthroscopy*. 21(3): 281-285, 2005.

Professional Experience

- Orthopaedic Surgeon and team physician for Northwestern University Athletics; 2002-present
- Head team physician for Glenbrook North High School; 2002-present
- Head team physician for Evanston High School; 2001-2002
- Medical consultant for Chicago Griffins Rugby Club; 2002-present
- Second Opinions for NFL, MLB, and Arena Football

Interests

- 1989-1995—Member of Dartmouth and Virginia Men’s Rugby Clubs
- 1987-1989—Member of Dartmouth Men’s JV Golf Team
- 1987-1993—Principal trumpet in Dartmouth Symphony Orchestra and Charlottesville Symphony Orchestra
- Fluent in Spanish; conversational abilities in German and Chinese
- Other interests include golf, basketball, skiing, travel, classical and jazz music