

Mehul H. Garala, MD

Skills

- Musculoskeletal and spine evaluations, occupational health evaluations, interventional spine procedures, peripheral joint injections, fracture management, electrodiagnostic (EMG) studies.

Professional Experience

Advanced Occupational Medicine Specialists/US Healthworks/Concentra 9/17/2012 – Present
Staff Physician at Bellwood, IL (9/17/2012 – 8/31/2014), Center Medical Director at Schiller Park, IL (9/1/2014 to Present)

- Perform clinic duties and oversaw administrative duties while at the Schiller Park, IL location.
- Provide clinic evaluations in occupational health setting, including management of injuries, performing pre-employment examinations and Department of Transportation (DOT) examinations.
- Spine Specialist for 3 Chicagoland clinics: evaluate neck/back injuries who have failed conservative treatment and perform interventional spinal procedures when recommended.
- Assistant team physician for the Chicago Rush (Professional Indoor Arena Team) and Elmhurst College while at the Bellwood, IL location.

** Of note, Advanced Occupational was acquired by US Healthworks in 1/13, which was then acquired by Concentra in 2/18.

Rehabilitation Medicine Specialists 8/15/2011- 8/15/2012
Elgin, IL

- Responsible for creating and developing the Outpatient Musculoskeletal practice for the group: including performing fluoroscopic spinal injections.
- Provided inpatient care to acute rehabilitation patients at Provena Saint Joseph Hospital.
- Assessed medical and surgical patients as part of rehabilitation consultations at Provena Saint Joseph Hospital, Sherman Hospital and Delnor Hospital.

Education

Spine and Sports Physiatrists 7/01/2010 – 6/30/2011
Elmhurst, IL Fellowship under the guidance of Dr. Larry Frank

- Evaluated spine, musculoskeletal, neurological, and workers' compensation patients
- Performed fluoroscopic injections, ultrasound evaluations, and electrodiagnostic testing
- Team doctor for Gordon Tech High School athletics' program
- Taught Functional Anatomy course to Loyola University Medical Center Physical Medicine and Rehabilitation Residents

New York Presbyterian Hospital-Columbia/Cornell 7/01/2007 – 6/30/2010
New York, New York (6 clinical rotation sites) Residency in Physical Medicine and Rehabilitation

- Columbia University Medical Center (CUMC)
- Weill Cornell Medical Center (WCMC)
- Memorial Sloan Kettering Cancer Center (MSKCC)
- Hospital for Special Surgery (HSS)

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- Blythedale Children's Hospital
 - Burke Rehabilitation Hospital

Virginia Commonwealth University Health System
Richmond, VA

7/01/ 2006 – 7/01/ 2007
Preliminary Year in Internal Medicine

Virginia Commonwealth University School of Medicine (VCU SOM)
Richmond, VA

6/2002-5/2006
Degree: Medical Doctorate

Virginia Commonwealth University, Medical Certificate Program
Richmond, VA

6/2001-6/ 2002
Degree: Certificate in Anatomy

University of Virginia
Charlottesville, VA

6/1997- 6/2001
Degree: Bachelor of Arts in Cognitive Science

Certifications

Board certified in Physical Medicine and Rehabilitation (2011), and Sports Medicine (2011).
BLS/ACLS
Certified DOT examiner

Professional Affiliations

American Academy of Physical Medicine and Rehabilitation
Spine Intervention Society
American Medical Society for Sports Medicine