

CURRICULUM VITAE

CRAIG D. WESTIN, M.D.

Personal Data

Born	Boston, Massachusetts
Hometown	Los Angeles, California
Current home	Winnetka, Illinois
Work Address	Illinois Bone and Joint Institute 150 North Michigan Avenue, Suite 1400 Chicago, Illinois 60601 Voice: 312.444.1145 Fax: 312.444.1954 E-mail cwestin@ibji.com

College

Pomona College Claremont, California	B.A. Zoology 1974
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Medical School

University of Rochester School of Medicine & Dentistry Rochester, New York	M.D. 1979
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Internship/Residency

University of Utah Medical Center, Salt Lake City, Utah
Surgical Internship 1979-1980
General Surgery Residency 1980-1981

Orthopedic Residency

Harvard Combined Orthopedic Residency, Boston, Massachusetts 1981-1984

Hospitals: Massachusetts General Hospital
Brigham and Womens Hospital
Children Hospital Medical Center
Beth Israel Hospital

Chief Resident, Orthopedic Surgery

Brigham Women's Hospital, July 1984-Jan 1985

Clinical Fellowships

William T. Cave Traveling Fellowship – 1985

Awarded by Massachusetts General Hospital/Harvard Orthopedic Program

Knee/Sports Medicine Fellowship in Europe:

Jan Gillquist, Linkoping, Sweden

Ejnar Eriksson, Stockholm, Sweden

Werner Muller, Bruderholz, Switzerland

Roland P. Jakob, Bern, Switzerland

Heinz Wagner, Rummelsberg, Germany

A.O. Fellowship – 1985

Concurrent with William T Cave Fellowship

Dr. Rheinhold Ganz, Bern, Switzerland, 1985

Awards & Honors

Alpha Omega Alpha – Honor Medical Society

University of Rochester 1979

Bryce Collier Award, University of Rochester

Given to a member of the graduating class “Demonstrating exceptional qualities of responsibility and devotion in the compassionate care and understanding of the sick” - 1979

William T. Cave Traveling Fellowship – Stipend awarded by Massachusetts

General Hospital and Harvard Orthopedic Program – 1984

America’s Top Surgeons-2008 – Research Council of America

Patients’ Choice Award- 2009, 2010, 2011, 2012, 2014 – American Registry

Castle Connolly Top Doctors- 2015, 2016

Professional Organizations

American Academy of Orthopedic Surgery

American Orthopedic Society for Sports Medicine

International Association for Dance Medicine

United States Figure Skating Association, Sports Medicine Society

Certification/Licensure

American Board of Orthopedic Surgery 1987
Recertification through December 2017
Illinois License # 036-098391
American Academy of Disability Evaluating Physicians
Certification in Evaluation of Disability and Impairment Rating. March, 2012

Utah License # 80-165532-1205-no longer active
Massachusetts License #53116-no longer active
New Hampshire License # 6754-no longer active
California License # G49977- no longer active

Research Fellowships

Biomechanics Laboratory Orthopedic Hospital, University of Southern California
Ian Clarke, PhD., 1983
Basic research on tensile strength of cruciate ligaments

Academic Appointments

Assistant Professor of Orthopedics
Department of Orthopedics, University of Illinois Chicago, 2010-present

Associate Clinical Professor of Orthopedic Surgery,
University of Utah, Salt Lake City, 1985-2000.

Chief Orthopedic Teaching Service –1990-99 Salt Lake Regional Medical Center
Residents relocated due to sale of hospital in 1999.

Chairman, Department of Orthopedics and Neurosurgery
Salt Lake Regional Medical Center, 1995-1997

Chairman, Department of Orthopedics, Alta View Hospital,
1989-1999, 1994-1995, 2001-2002

Clinical Practice

Illinois Bone and Joint Institute
Chicago, Illinois 2002-present

Joffrey Ballet, Chicago, Illinois. - Medical Director, 2010-2014

Traveling Team Physician U.S. Figure Skating Team.

2001- NHK Trophy –Kumomoto, Japan

2002- Jr. Grand Prix Final- The Hague-Netherlands

2003- Cup of Russia- Moscow, Russia

2004-Junior Grand Prix- Harbin, China

2005-Croatia Cup-Zagreb,Croatia

2007-Junior World Championships-Oberstdorf, Germany

2007-Trophee Eric Bompard- Paris, France

2008-Czech Skate- Czech Republic

2011-Four Continents- Taipei, Taiwan

2012- Junior World Championships-Minsk, Belarus

2012-Trophee Eric Bompard- Paris, France

2014- Olympic Games- Sochi, Russia

2014-World Figure Skating Championships- Tokyo, Japan

USFSA Sports Sciences Committee Member

2002 Olympic Games-Salt Lake City- On site physician for US team

Medical Committee Chair - U.S. Figure Skating National Championships,
Salt Lake City, 1999

Private Practice Orthopedic Surgery. Sports Medicine Center at Alta View.
Salt Lake City, Utah 1985 to 2002.

Medical Director Snowbird Medical Clinic, Snowbird, Utah 1990 to 2002: The
Clinic has over 3500 patients per season and provides care for injured
skiers as well as ski patrol, ski school, race team and other
Employees of Snowbird Corp.

Developed and administered the Snowbird pre-employment knee testing
program to evaluate potential and current employees for reduction of
injuries. Workers Compensation Claims were dramatically reduced by pre-
employment detection of significant knee problems.

Orthopedic Consultant, Ballet West 1989 to 2002.

Top national professional ballet company based in Salt Lake City.

Patents

U.S. Patent #5,667,509 September 16, 1997
Retractable Sheath Shaver Drill
Instrument for treating arthritis arthroscopically

U.S. Patent # 6,782,640 August 31, 2004
Custom Conformable Device
Adjustable foot orthotic

Publications/Presentation

- 2017 “ How Big is Your Iceberg? The Hidden Costs of Worker’s Compensation” Panel member for CLM. Provide physician perspective about managing costs and improving care. Chicago Marriott Hotel. May 24, 2017
- 2015 “Core Strength for Ballet, Dance and Athletics” Presentation to Physical I Therapy Study Group, Illinois Bone and Joint Institute November 6, 2015
- 2013 “Workplace Knee Injuries” Presentation sponsored by Accelerated Physical Therapy “Dinner with the Doc Program” for case managers. Oakbrook, Il. . June 6, 2013
- 2013 Who Spilled the Milk: How Do We Clean it up?
(Mock Knee IME)
Corvel Corporation, Case Managers and Adjusters. Video link To southern Illinois. March 12, 2013
- 2011 “Knee Injuries: Treatment Options and Case Studies”
Illinois Trial Lawyers Continuing Legal Education.
Chicago, Illinois April, 2011
- 2008 “Figure Skating Injuries: Shortening the Road to Recovery”
USFSA Presentation for Professional coaches and skaters.
July, 18, 2008, Chicago, Illinois
- 2007 “Arthritis: Alternatives to Surgical Treatment”

Presentation for Arthritis Foundation, Weiss Hospital
September 2007

- 2004 “Giving the Knee Injured Client a Kick” Presentation: CNA Insurance Co. Workman’s Compensation Claims Adjusters Meeting. Downers Grove, Illinois, January 15, 2004
- 2000 “Knee Injuries”, “Compartment Syndrome”, Presentation: The Wilderness Medical Society. Annual meeting in Park City, Utah, August 2000
- 1995 “Anterior Shoulder Dislocation: A Simple and Rapid Method for Reduction: Craig D. Westin, M.D., Edward A. Gill, M.D. Michael E. Noyes, M.D., and Margaret Hubbard, M.D. The American Journal of Sports Medicine, 23:369-371, 1995
- 1995 Anomalous Insertion of the Medical Meniscus: A Case Report. Kevin Shea, M.D., Craig D. Westin, M.D., John West, M.D. Journal of Bone and Joint Surgery, 77-A:1894-1896, December 1995.
- 1993 “Anterior Shoulder Dislocation: A Simple and Rapid Method For Reduction: Westin, C, Gill, E.; Noyes, M.; Hubbard M.: Presented at combined meeting of American and Japanese Societies for Sports Medicine in Maui, Hawaii. March 1993.
- 1990 “Arthroscopically Assisted Patellar Realignment”. Paper presented at Harvard Combined Orthopedic Residency, 20th Anniversary. October 18, 1990
- 1984 Should the Cruciate Ligaments Be Saved In Total Knee Replacement? Westin, C.; Clarke, I. Orthopedic Review 13(6):89-97. June 1984
- 1984 Metal Backed Unicdylar Knee Replacement. Scott, R.D.; Westin, C. Paper presented AAOS meeting in Atlanta, Georgia, February 1984
- 1983 Is The Cruciate Worth Saving In Total Knees? Clarke, I.; Westin, C.; Dorr, L.; Marshall G.J.; Leffers, D.; Perry, J. Scientific Exhibit AAOS Meeting Anaheim, California. March 1983
- 1979 Patient – Provider Agreement About Problems – Influence on

Outcome of Care. Starfield, B.; Steinwachs, D.; Morris, I. Westin, C.; Bause, G.; Seibert, S. JAMA 242:344-346. July 27, 1979

1979 Concordance Between Medical Records and Observations Regarding Information on Coordination of Care. Starfield, B.; Steinwachs, D.; Westin, C.; Morris, I.; Bause, G. Medical Care 17(7):758-766

1979 Presence of Observers at Patient – Practitioner Inter-actions: Impact on Coordination of Care and Methodologic Implications. Steinwachs, D.; Morris, I.; Westin C.; Bause, G.; Seiberts, S. American Journal of Public Health 69:1021-1025