

Inbar Kirson, M.D., FACOG, Diplomate ABOM

SPECIALTY: Obstetrics and Gynecology
Diplomate American Board of Obesity Medicine
Certified in Hyperbaric Medicine

EDUCATION:

June 2000 **Lutheran General Hospital**, Park Ridge, Illinois
Residency in Obstetrics and Gynecology

June 1996 **Rush Medical College**, Chicago, Illinois
Doctor of Medicine
Highest recommendation

June 1992 **Brandeis University**, Waltham, Massachusetts
Bachelor of Arts in Biology
Cum laude , Dean's List

CERTIFICATIONS:

April 2, 2014 **American Board of Obesity Medicine Certification**
Diplomate ABOM

July 19, 2019 **Hyperbaric Medicine Certification**
American Board of Quality Assurance and Utilization Review Physicians,
Inc.

WORK EXPERIENCE:

July 2019- present **Comprehensive Wound Care, LLC and Healing with Hyperbarics**
Northbrook, IL
Associate Physician

April 2008- present **Physicians for Weight Loss, LLC**
Northbrook, IL
Physician Partner, Owner

April 2008 – April 2015 **Midwest Center for Women's Health**
Deerfield, IL
Lake Villa, IL
Associate Physician

February 2006 – April 2008 **WomanCare PC**
Palatine, IL
Schaumburg, IL
Associate Physician

February 2005 – Jan 2006 **Comprehensive Healthcare for Women**
Skokie, IL
Associate Physician

October 2004 - Feb 2005 **North Shore Fertility**
Skokie, IL
Associate Physician

August 2002 – Aug 2004 **Partners in Obstetrics and Gynecology, S.C.,**
Park Ridge, IL
Associate Physician

August 2000 – July 2002 **Associates in Ob/Gyn, S.C.,** Park Ridge, IL
Associate Physician

TEACHING EXPERIENCE:

2014-2016 **Obesity Basic Medical Treatment Course**
Obesity Medicine Association, Presenter, Physician Course
Tampa, FL; Detroit, MI; Milwaukee, WI

2002 – 2004 **Community Health Clinic,** Chicago, IL, Preceptor, Teaching attending
2000 – 2004 **Lutheran General Hospital,** Park Ridge, IL, Preceptor, Teaching Attending
Ob/Gyn Resident Clinic

2000- 2004 **Lutheran General Hospital,** Park Ridge, IL, Teaching Attending

RESEARCH/ PUBLICATIONS:

June 2020 **Hyperbaric Oxygen Therapy for Covid patients admitted to an acute care hospital in Sioux City, Iowa**
Data analysis and publication pending

March 2002 **Povidone-Iodine Spray Technique Versus Traditional Scrub-Paint Technique for Preoperative Abdominal Wall Preparation**
Michael D. Moen, Michael Noone, Inbar Kirson
Advocate Lutheran General Hospital
Park Ridge, IL
President's Prize Paper, presented at the Society of Gynecologic Surgeons, March 2002

August 1999 **Are Multiple Measures of Hepatic Dysfunction Necessary in Patients with Pregnancy Induced Hypertension?**
Inbar Kirson, James Keller
Lutheran General Hospital, Dept. Ob/Gyn, Park Ridge, IL
Abstract submitted to the Society of Perinatal Obstetricians meeting

July 1999 **Implications of the NSABP-P1 Breast Cancer Prevention Trial for the Obstetrician/ Gynecologist**
James Dolan, Inbar Kirson
Lutheran General Hospital, Dept. Ob/ Gyn, Park Ridge, IL
Submitted for publication to the American Journal of Ob/Gyn

July 1995 - June 1996 **The significance of angiogenesis in the development of atypical hyperplasia and ductal carcinoma in-situ of the breast.**
Rush North Shore Hospital, Dept. of Surgery, Chicago, IL
Mentor: Dr. Jose Velasco, Chairman, Dept. of General Surgery

PRESENTATIONS:

Dec. 2020 **Nutrition and Mental Health**
Rochelle Zell Jewish High School, Mental Health Club

Nov. 2020 **Nutrition In The Time of COVID**
Great Lakes Adaptive Sports Association

Sept. 2020 **The Impact of Nutrition on Mental Health Series**
No Shame on U, non-profit organization, awareness about Mental Health

2019-2021 **Beacon Academy Ninth Grade Nutrition Course**
Wellness Education Curriculum
Evanston, IL

July 2019 **Inflammation and Disease: More reasons to go Keto**
Adapt Your Life Chicago Conference
Chicago, IL

Jan 2018 **Life Unexpected, Nutrition for Women throughout Life**
Panel Discussion and Presentation
Chicago, IL

2008- 2019 **Orange Theory Fitness and Crossfit Gyms, Nutrition, Weight Management, Healthy metabolism lectures**
Evanston, Northbrook, Chicago, IL

Sept. 2011 **Nutrition for All Ages**
Wellness Fair, Wilmette, IL

April 2000 **Lutheran General Hospital**
Uterine Artery Embolization and the Treatment of Fibroids
Grand Rounds