

# Andrew R. Benck, MD

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## EDUCATION and TRAINING

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- 2021 – 2023**                      **Rush University Medical Center**
- Rheumatology Fellow
- 2017 – 2020**                      **Cedars Sinai Medical Center**
- Internship and Residency in Internal Medicine
- 2013 – 2017**                      **University of Illinois at Chicago College of Medicine**
- Doctor of Medicine
- 2010 – 2012**                      **Loyola University Chicago**
- Post-Baccalaureate Pre-Medical Education
- 2002 – 2006**                      **University of Southern California**
- Bachelor of Science in Accounting and Business Administration

## LICENSURE

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State of Illinois Department of Financial and Professional Regulation, Licensed Physician and Surgeon

## PROFESSIONAL EXPERIENCE

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- 2023 – Present**                      **Illinois Bone and Joint Institute**
- Rheumatologist
- 2020 – 2021**                      **UCLA Ronald Reagan Medical Center**
- Hospitalist and Nocturnist
  - Led several medical student lectures and precepted students in the hospital in a clinical setting.

## RESEARCH EXPERIENCE

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- 2023**                                      **Rush University Medical Center, Division of Rheumatology**  
*Research mentors, Sonali Khandelwal, MD; Najia Shakoor, MD*
- Conducted a single center quality improvement study investigating bone health screening following bariatric weight loss surgery (Abstract submitted to ACR for consideration).
- 2022**                                      **Rush University Medical Center, Division of Rheumatology**  
*Research mentor, Augustine Manadan, MD*
- Clinical Image vignette of EJ Antibody Anti-synthetase Syndrome (Published in BMJ Case Reports).
- 2019**                                      **Cedars Sinai, Division of Rheumatology**  
*Research mentors, Mariko Ishimori, MD; Lindsay Forbess, MD*
- Investigating the incidence of Rheumatoid Arthritis in a single site subset analysis of first-degree relatives from the Studies of the Etiology of Rheumatoid Arthritis (SERA).

- 2019 Cedars Sinai, Division of Rheumatology**  
*Research mentors, Michele Hamilton, MD; Chelsey Smith, MD*
- Authored a case report of Takayasu's arteritis manifesting as severe cardiomyopathy.
  - Accepted for publication in JACC: Case Reports.
- 2018 Cedars Sinai, Division of Rheumatology**  
*Research mentor, Dmitry Karayev, MD*
- Authored a case report of a rare first presentation of SLE and secondary APLS.
  - Presented case poster at the California Southern Region Annual ACP meeting in 10/2018.
- 2018 Cedars Sinai, Department of Internal Medicine**  
*Research mentor, Lili Shek, MD*
- Conducted QI Research on Resident knowledge and comfort with POLST forms and Advance Directives.
  - Presented case poster at the Cedars-Sinai Resident QI Research Day in 5/2018.
  - Presented noon-conference lecture geared towards increasing knowledge of POLST and Advance Directives among Cedars-Sinai Internal Medicine Residents.
- 2017 Cedars Sinai, Department of Internal Medicine**  
*Research mentor, Teryl Nuckols, MD*
- Co-authored a poster detailing a unique case of Klinefelter syndrome.
  - Presented case poster at the SGIM meeting at Stanford University in 1/2018.
- 2016 University of Illinois, Department of Internal Medicine**  
*Research mentors, Cheryl Conner, MD; Marci Laragh, MD*
- Described a case of Streptococcus gallolyticus endocarditis in the setting of no known malignancy.
  - Presented case poster at the Illinois Chapter Northern Region Annual ACP meeting in 11/2016.
- 2016 University of Illinois, Department of Internal Medicine**  
*Research mentor, Ben Gerber, MD*
- Evaluated the effectiveness of pharmacist plus health promoter support compared with pharmacist alone on diabetes behaviors, hemoglobin A1c, blood pressure, and LDL-cholesterol levels among African-American and Latino adults with uncontrolled type 2 diabetes.
  - Secondly, evaluated the maintenance of improved diabetes behaviors, as well as clinical outcomes and cost and cost-effectiveness of each branch.
- 2015 University of Illinois, Department of Ophthalmology**  
*Research mentor, Mei Zhou, MD*
- Co-authored a poster detailing a clinical case of HSV retinopathy.
  - Presented case poster at the UIC Mentor's Program poster day, 2015.
- 2012 Loyola University, Department of Psychology**  
*Research mentor, Catherine Haden, PhD*
- Researched effects of elaborative language on child memory development.
  - Examined child's recall of events as a result of conversational goals.
  - Created poster detailing the results of our research on The Role of Conversational Goals in Mother-Child Verbal Interactions during an Event: Impacts on Children's Remembering.

*PEER-REVIEWED PUBLICATIONS*

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**Benck, Andrew Robert**, and Augustine Manadan. "EJ antibody antisynthetase syndrome." *BMJ Case Reports* 15.3 (2022).

**Benck, Andrew R.**, et al. "Takayasu's Arteritis Presenting as Heart Failure in a 19-Year-Old Female." *JACC: Case Reports* 1.3 (2019): 355-359.

*ABSTRACTS AND PRESENTATIONS*

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**Benck AR.** Brown C. Tran, TA. Karayev D. A Rare and Deadly First Presentation of Systemic Lupus Erythematosus in a Teenage Male. American College of Physicians - California Southern Region Annual meeting. October, 2018. Poster presentation.

**Benck AR.** Hsu K. Reed M. POLST and Advance Directive. Cedars-Sinai Resident QI Research Day. May, 2018. Poster presentation.

Ni YM, **Benck AR**, Nuckols, TK. Correlating Clots and Klinefelter. Society of General Internal Medicine meeting. January, 2018. Poster presentation.

**Benck, AR.** Conner, C. Laragh, M. Alternative portals of bloodstream entry for *Streptococcus gallolyticus*. American College of Physicians - Illinois Chapter Northern Region Annual Meeting. November, 2016. Poster presentation.

*OTHER WORK EXPERIENCE*

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**2012 - 2013**                      **Jewish Vocational Services, Chicago, IL**

- Senior Accountant

**2008 - 2010**                      **Griffin Capital Corporation, El Segundo, CA**

- Senior Accountant

**2006 - 2008**                      **Deloitte & Touche, LLP, Los Angeles, CA**

- Audit Staff

**2005**                                **Office Depot, Salt Lake City, Utah**

- Management Intern

*PROFESSIONAL SOCIETY MEMBERSHIPS*

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**2021 - Present**                      American College of Rheumatology, Fellow of the ACR

**2018 - Present**                      American Medical Association, Associate Member

*COMMUNITY SERVICE*

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**2014 - 2017**                      **AMSA Undergraduate Mentoring**

- Mentor undergraduate UIC pre-med students to understand the medical school application process and how to become strong medical school candidates.

**2010 - 2014**

**Children's Memorial Hospital**

- Volunteer in the Emergency Department, actively engage with patients and participate in patient care.

**2010**

**Venice Family Clinic**

- Performed eyesight screenings for uninsured patients in Los Angeles, CA.