

# Agnes Kowalska, PT, DPT, CMTPT

Physical Therapist



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## Profile

Agnes received her Bachelor of Science in Exercise Science and Doctor of Physical Therapy degree from Carroll University in 2014 and 2016, respectively.

She has taken extensive continuing education coursework focusing on manual therapy techniques and is also certified in dry needling and blood flow restriction. She utilizes a hand-on approach coupled with progressive strength and range of motion interventions to help patients decrease pain and improve their function in order to achieve their goals. She enjoys treating a wide variety of orthopedic conditions and is passionate about educating and empowering patients to help them return to doing the activities they love.

Outside of work, Agnes enjoys reading, outdoor activities, and spending time with her family and friends. She is fluent in Polish and prides herself in being able to help patients in the Polish community.

## Education

- Bachelor of Science in Exercise Science, Carroll University
- Doctor of Physical Therapy, Carroll University