

Alyssa Bolhous, PT, DPT, COMT

Physical Therapist



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Profile

Alyssa Bolhous, PT, DPT, COMT has been with Illinois Bone & Joint Institute since 2014. Prior to joining the Schaumburg team, Alyssa worked as the assistant facility manager at IBJI's Buffalo Grove location. Alyssa is an active member in the performing arts and manual therapy special interests group. She is a former gymnast which increases her understanding of the rehabilitation process of these types of athletes. She especially enjoys restoring function and mobility to patients who are post-operative.

Education

- Doctor of Physical Therapy, Northwestern University
- B.S. Biomedical Sciences, Marquette University

Certifications

- Certified Orthopedic Manual Therapist (COMT), Ola Grimsby Institute

Presentations

- Spondylolysis in Gymnasts: Ideas for treatment and progression, 2016