

Brittany Farmer, PT, DPT

Physical Therapist



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Profile

Brittany Farmer, PT, DPT, has been practicing in outpatient orthopedic physical therapy in Wilmette since graduating in 2016. Northwestern University, from where Brittany received her doctorate degree, strongly upholds the value of interprofessionalism that is one of the many reasons she enjoys working for Illinois Bone and Joint in that open communication, teamwork, and collaborate care between physicians and therapist is strongly encouraged.

Brittany enjoys treating a wide variety of diagnoses and is dedicated to using the most effective and appropriate treatments to facilitate a full recovery. She's certified in Dry Needling and Blood Flow Restriction, which are fantastic supplements to the traditional therapy treatments. She has a passion for sports medicine, treating athletes of all ages and sports. Brittany grew up playing a multitude of sports, enjoying the competition and camaraderie of being on a team. She played Division I women's tennis at Butler University, and continues to compete in National Father-Daughter tournaments. She presented her research on abdominal strength in runners at the National PT conference in February 2016.

In her free time, Brittany enjoys running along the lakeshore, playing tennis and recreational beach volleyball, and spending time with friends and family.

Education

- BS, Exercise Sciences, Butler University
- Doctorate in Physical Therapy, Northwestern University

Certifications

- Dry Needling
- Blood Flow Restriction