

# Greg Liwanag, ATC

Athletic Trainer



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## Profile

Greg has been with IBJI since 2018, where he was an Athletic Training Student intern at the Highland Park location. Greg soon after graduated from Northern Illinois University in DeKalb, IL, where he earned his Bachelor of Science degree in Athletic Training, and has been practicing since passing his board of certification the following summer.

Greg has worked all over the IBJI Northshore suburban locations, including Highland Park, Glenview, Wilmette, clinics and now in the Morton Grove location. Over the years, with his background in basketball, baseball, and fitness, he's developed a knowledge in sports medicine based rehabilitation for both upper and lower extremities. He is the Morton Grove clinic's instructor for both the Phase IV lower extremity return to sport program, and upper extremity throwing progression.

Greg still lives an active lifestyle and enjoys playing basketball competitively along with overall fitness and health. When he's not active he enjoys video games, movies, and cooking.

## Education

- Bachelor of Science, Northern Illinois University, Athletic Training