

Cristina Hofman, PT, DPT, OCS

Physical Therapist



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Profile

Cristina Hofman has been working in the outpatient orthopedic setting since graduating from the University of Illinois at Chicago's Doctor of Physical Therapy program in 2006. She has been practicing in the Chicagoland area ever since, with a 3 year brief stint working in Occupational Medicine in Boston, Massachusetts. While there, she completed a physical therapy orthopedic residency program and became a Board Certified Orthopedic Clinical Specialist.

Cristina has extensive experience assisting patients in the post-operative recovery, particularly joint replacement and rotator cuff repair surgery. She focuses on a patient-centered approach customizing the patient's recovery program to accommodate his or her particular needs. Cristina enjoys educating patients and their family members in the pre-operative expectations and the rehab process post surgically.

In her free time, Cristina enjoys spending time with her husband and two daughters bike riding, having picnics at the beach, and running. Cristina completed the Chicago Marathon several years ago, and aspires to complete at least one more marathon in her lifetime.

Education

- Physical Therapy Orthopedic Residency Program, MGH Institute of Health Professions, Boston, Massachusetts
- Doctor of Physical Therapy, University of Illinois at Chicago
- Bachelor of Arts, Psychology, University of Illinois at Chicago