

Ben Land PT, DPT, OCS, ATC

Physical Therapist



1919 Skokie Valley Road
Highland Park, IL 60035

T (224) 765-5550

F (224) 756-5551

bland@ibji.com

Profile

Ben graduated from Marquette University in 2019 after completing his undergraduate degree in athletic training and doctoral degree in physical therapy. He recently completed his board-certified specialty in orthopedics following a clinical residency with the University of Illinois at Chicago. His clinical interests include progressing patients towards returning to sport, with a particular interest in the treatment of running-related injuries and gait analysis. Through Ben's previous experiences in sports medicine, he had the opportunity to work with elite-level professional and amateur athletes seeking to return to high-level performance. Ben has also gained experience working with patients across the continuum of care, from the intensive care unit to the outpatient environment. His strong passion is to provide all patients with the highest level of care possible in order to empower them to achieve their goals both inside and outside of the clinic. In his free time, you can find him running, camping, and cheering on the Packers and the Brewers.

Education

- Undergraduate Degree, Athletic Training
- Doctor of Physical Therapy, Marquette University

Certifications

- Certified Athletic Trainer (ATC)