

# Preksha Maiya, PT, DPT

Physical Therapist



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## Profile

Preksha attended Loyola University Chicago where she earned her bachelor's degree in biology and psychology with a minor in chemistry. She pursued her doctorate of physical therapy at Rosalind Franklin University where she graduated in May 2019. Preksha has been practicing at IBJI in Crystal Lake since September 2019.

She enjoys working with a variety of patient populations. Her special interests include orthopedic and neurological PT. She values getting to know her patients and creating specific functional goals consistent to what is most important to each patient. She is a big advocate of using education to empower patients and incorporates it into all PT sessions. She is a member of the American Physical Therapy Association (APTA) and enjoys attending conferences and seminars to learn what's new in the rehab world.

In her free time, she enjoys cooking, spending time outdoors, exploring in the city of Chicago, and spending time with family and friends.

## Education

- Bachelor of Science in Biology and Psychology with Chemistry minor, Loyola University, Chicago
- Doctor of Physical Therapy, Rosalind Franklin University