

# Caitlin McNulty, PT, DPT

Physical Therapist



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## Profile

Caitlin graduated from Saint Louis University Physical Therapy program in 2015 where she minored in psychology, received her bachelor's degrees in Exercise Science, and achieved her Doctorate degree in Physical Therapy.

She started her journey as a PT with a career in outpatient therapy with a focus on return to sport, orthopedic, and pain management, post operative rehabilitation. With time Caitlin took on exciting new opportunities in various parts of the field including but not limited to post mastectomy, neurologic conditions, pediatrics, and aquatic therapy. Additionally, she has worked in the acute therapy field where she headed the postoperative spine, hip, and knee replacement post surgical and trauma floor in a Chicago hospital system. Caitlin is a manual therapy "hands on approach" therapist whose passion and commitment to assisting her patients in restoring function with a patient-focused approach. Additionally, Caitlin is certified in G1 Graston IASTM soft tissue therapy techniques. In her free time, Caitlin enjoys cooking and entertaining her family and friends, early morning runs, and international travel.

## Education

- Saint Louis University - Bachelors in Exercise Science, minor in Psychology
- Saint Louis University - Doctorate in Physical Therapy

## Certification

- G1 Graston IASTM soft tissue therapy