

Michelle Seliga, OTR/L, CHT

Occupational Therapist



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Profile

Michelle graduated from Midwestern University in 2018 and began her career specializing in hand therapy. In 2022, she received her Certification in Hand Therapy (CHT) from the Hand Therapy Certification Commission. She likes working with clients across the lifespan and with all different types of orthopedic diagnoses. Michelle thoroughly enjoys watching her clients progress throughout the stages of the rehabilitation process to improve participation and performance with functional daily activities. She believes building a strong therapeutic relationship with her clients will facilitate in their return to meaningful occupations. Her interests outside of work include spending time with her family and friends, home improvement projects, and being outdoors.

Education

- Bachelor of Science in Kinesiology - University of Illinois Urbana-Champaign
- Master of Health Science in Occupational Therapy - Midwestern University

Certification

- Certified Hand Therapist